



**2009-2010 Men's Indoor Track & Field Top Performances
(by event)**

55 METER DASH	TIME/PLACE	DATE	MEET
Jeff Robinson	6.75/3 rd	2/19/10	Susquehanna Open
Ryan Griffith	7.17/19 th	2/19/10	Susquehanna Open
55 METER HURDLES	TIME/PLACE	DATE	MEET
Zac Kohler	8.52/10 th	2/19/10	Susquehanna Open
Ryan Griffith	8.58/11 th	2/19/10	Susquehanna Open
Jack Scanlin	9.74/23 rd	2/19/10	Susquehanna Open
60 YARD DASH	TIME/PLACE	DATE	MEET
60 YARD HURDLES	TIME/PLACE	DATE	MEET
Ryan Griffith	8.91/6 th	12/4/09	Lafayette Invitational
60 METER DASH	TIME/PLACE	DATE	MEET
Keith Ogden	7.11/2 nd	1/30/10	Bison Open
Keith Ogden	7.12/4 th	1/30/10	Bison Open
Anthony Adamski	7.16/4 th	2/27/10	PSAC Indoor Championships
Anthony Adamski	7.18/2 nd	1/30/10	Bison Open
Derrick Bass	7.22/2 nd	1/30/10	Bison Open
60 METER HURDLES	TIME/PLACE	DATE	MEET
Ryan Griffith	8.97/5 th	2/27/10	PSAC Indoor Championships
Ryan Griffith	9.10/6 th	2/13/10	Bucknell Winter Classic
Zac Kohler	9.25/4 th	2/13/10	Bucknell Winter Classic
Zach Kohler	9.55/7 th	12/4/09	Bison Invitational*
Jack Scanlin	11.19/9 th	12/4/09	Bison Invitational*
200 METER DASH	TIME/PLACE	DATE	MEET
Jeff Robinson	22.48/2 nd	2/27/10	PSAC Indoor Championships
Keith Ogden	22.49/1 st	2/27/10	PSAC Indoor Championships
Anthony Adamski	22.50/3 rd	2/27/10	PSAC Indoor Championships
Jeff Robinson	22.78/1 st	2/19/10	Susquehanna Open
Derrick Bass	22.78/3 rd	2/27/10	PSAC Indoor Championships
300 YARD DASH	TIME/PLACE	DATE	MEET
Anthony Adamski	32.40/1 st	12/4/09	Lafayette Invitational
Keith Ogden	32.76/4 th	12/4/09	Lafayette Invitational
400 METER DASH	TIME/PLACE	DATE	MEET
Keith Ogden	51.98/5 th	2/13/10	Bucknell Winter Classic
Chris Jackson	53.33/4 th	1/30/10	Bison Open
Kevin Pasquerette	53.38/3 rd	2/13/10	Bucknell Winter Classic
Kevin Pasquerette	53.83/8 th	2/19/10	Susquehanna Open

Chris Jackson	53.84/9 th	2/19/10	Susquehanna Open
800 METER RUN	TIME/PLACE	DATE	MEET
Jeff Rafach	2:01.78/2 nd	2/13/10	Bucknell Winter Classic
Nick Sperry	2:02.92/4 th	2/13/10	Bucknell Winter Classic
Nick Sperry	2:03.00/5 th	1/30/10	Bison Open
Seth Hibbs	2:04.74/9 th	1/30/10	Bison Open
Jeff Rafach	2:07.19/6 th	1/30/10	Bison Open
880 YARD RUN	TIME/PLACE	DATE	MEET
Nick Sperry	2:04.60/4 th	12/4/09	Lafayette Invitational
Brian Nunn	2:15.56/5 th	12/4/09	Lafayette Invitational
1000 METER RUN	TIME/PLACE	DATE	MEET
Jack Scanlin	2:54.34/2 nd	12/4/09	Bison Invitational*
Zach Kohler	2:55.12/3 rd	12/4/09	Bison Invitational*
1 MILE RUN	TIME/PLACE	DATE	MEET
Seth Hibbs	4:24.97/3 rd	1/30/10	Bison Open
Josh Foulds	4:29.96/5 th	2/19/10	Susquehanna Open
Jim Boyer	4:32.70/7 th	2/19/10	Susquehanna Open
Seth Hibbs	4:33.40/11 th	2/28/10	PSAC Indoor Championships
Jeff Rafach	4:35.69/2 nd	2/13/10	Bucknell Winter Classic
3000 METER RUN	TIME/PLACE	DATE	MEET
Josh Foulds	8:49.66/15 th	2/28/10	PSAC Indoor Championships
Jim Boyer	8:53.30/21 st	2/28/10	PSAC Indoor Championships
Jim Boyer	8:54.76/7 th	2/13/10	Bucknell Winter Classic
Joshua Foulds	8:56.02/1 st	2/13/10	Bucknell Winter Classic
Seth Hibbs	9:02.46/10 th	2/13/10	Bucknell Winter Classic
5000 METER RUN	TIME/PLACE	DATE	MEET
Jim Boyer	15:10.66/8 th	2/27/10	PSAC Indoor Championships
Josh Foulds	15:24.04/17 th	2/27/10	PSAC Indoor Championships
Jim Boyer	15:26.60/9 th	1/30/10	Bison Open
Josh Foulds	15:46.86/2 nd	1/30/10	Bison Open
Jared Kneebone	16:14.25/10 th	1/30/10	Bison Open
DISTANCE MEDLEY RELAY	TIME/PLACE	DATE	MEET
Millersville 'A' Andrew Mussleman Jack Scanlin Jeff Rafach Seth Hibbs	10:24.89/4 th	2/27/10	PSAC Indoor Championships
Millersville 'A' Jeff Rafach Anthony Adamski Andrew Mussleman Seth Hibbs	10:49.17/1 st	2/19/10	Susquehanna Open
4 x 200 METER RELAY	TIME/PLACE	DATE	MEET
Millersville 'A' Jeff Robinson Keith Ogden Jack Scanlin	1:32.24#/1 st	2/19/10	Susquehanna Open

Derrick Bass

4 x 400 METER RELAY

Millersville 'A'
Anthony Adamski
Keith Ogden
Jack Scanlin
Chris Jackson

TIME/PLACE

3:22.75 #/14th

DATE

2/6/10

MEET

New Balance Invitational

Millersville 'A'
Anthony Adamski
Keith Ogden
Jack Scanlin
Chris Jackson

3:25.47/4th

2/28/10

PSAC Indoor Championships

Millersville 'A'
Anthony Adamski
Keith Ogden
Nick Sperry
Chris Jackson

3:30.95/6th

1/30/10

Bison Open

4 x 800 METER RELAY

Millersville 'A'
Nick Sperry
Jeff Rafach
Andrew Mussleman
Seth Hibbs

TIME/PLACE

8:13.26/11th

DATE

2/27/10

MEET

PSAC Indoor Championships

HIGH JUMP

Zac Kohler
Zac Kohler
Zac Kohler
Zac Kohler
Jack Scanlin

BEST/PLACE

1.94 m/4th
1.89 m/4th
1.82 m/3rd
1.80 m/10th
1.56 m/8th

DATE

2/13/10
12/4/09
2/19/10
2/28/10
12/4/09

MEET

Bucknell Winter Classic
Bison Invitational*
Susquehanna Open
PSAC Indoor Championships
Bison Invitational*

LONG JUMP

Jorrel Nugent
Derrick Bass
Jorrel Nugent
Derrick Bass
Jorrel Nugent
Jorrel Nugent
Stephen Boyd

BEST/PLACE

7.01 m/5th
6.97 m/5th
6.90 m/6th
6.89 m/4th
6.79 m/2nd
6.76 m/5th
6.76 m/1st

DATE

2/27/10
1/15/10
1/15/10
2/13/10
2/19/10
2/13/10
2/27/10

MEET

PSAC Indoor Championships
NYC Gotham Cup
NYC Gotham Cup
Bucknell Winter Classic
Susquehanna Open
Bucknell Winter Classic
PSAC Indoor Championships

TRIPLE JUMP

Stephen Boyd
Stephen Boyd
Stephen Boyd
Chris Wallace
Chris Wallace

BEST/PLACE

13.44 m/5th
13.38 m/3rd
13.13 m/8th
13.10 m/2nd
13.08 m/1st

DATE

2/28/10
1/15/10
2/13/10
2/19/10
1/30/10

MEET

PSAC Indoor Championships
NYC Gotham Cup
Bucknell Winter Classic
Susquehanna Open
Bison Open

POLE VAULT

Greg McHugh
Lucas Sandoe

BEST/PLACE

3.65 m/5th
3.35 m/8th

DATE

2/19/10
2/19/10

MEET

Susquehanna Open
Susquehanna Open

WEIGHT THROW

Avery Webster
Avery Webster
Avery Webster
Avery Webster
Avery Webster

BEST/PLACE

16.35 m/4th
16.29 m/2nd
15.32 m/3rd
15.31 m/4th
15.31 m/6th

DATE

2/13/10
12/4/09
2/19/10
1/30/10
1/15/10

MEET

Bucknell Winter Classic
Lafayette Invitational
Susquehanna Open
Bison Open
NYC Gotham Cup

SHOT PUT

Avery Webster
Avery Webster
Avery Webster
Avery Webster
Avery Webster

BEST/PLACE

15.33 m/8th
14.55 m/2nd
14.07 m/3rd
13.86 m/6th
13.49 m/9th

DATE

1/30/10
12/4/09
2/19/10
1/15/10
2/28/10

MEET

Bison Open
Lafayette Invitational
Susquehanna Open
NYC Gotham Cup
PSAC Indoor Championships

HEPTATHLON

Zac Kohler
Zac Kohler
Jack Scanlin
Zac Kohler
Zac Kohler

POINTS/PLACE

4333/8th
4186/5th
3633/9th
2541/7th
2375/8th

DATE

2/28/10
12/4/09
12/4/09
2/27/10
1/30/10

MEET

PSAC Indoor Championships
Bison Invitational
Bison Invitational
PSAC Indoor Championships
Bison Open



**2009-2010 Men's Track & Field Top Performances
(by individual)**

ANTHONY ADAMSKI (So., Sprints, Etters/Red Land)

EVENT	TIME/PLACE	DATE	MEET
60 Yard Dash	6.59/2 nd	12/4/09	Lafayette Invitational
60 Meter Dash	7.16/4 th	2/27/10	PSAC Indoor Championships
200 Meter Dash	22.50/3 rd	2/27/10	PSAC Indoor Championships
300 Yard Dash	32.40/1 st	12/4/09	Lafayette Invitational
4x400 Meter Relay	3:22.75 #/14 th	2/6/10	New Balance Invitational
Distance Medley Relay	10:49.17/1 st	2/19/10	Susquehanna Open

DERRICK BASS (Sr., Sprints/Jumps, York/York Suburban)

EVENT	TIME/PLACE	DATE	MEET
60 Meter Dash	7.22/2 nd	1/30/10	Bison Open
200 Meter Dash	22.78/3 rd	2/27/10	PSAC Indoor Championships
Long Jump	6.97 m/5 th	1/15/10	NYC Gotham Cup
4x200 Meter Relay	1:32.24#/1 st	2/19/10	Susquehanna Open

STEPHEN BOYD (Sr., Sprints/Jumps, Dallastown/Dallastown)

EVENT	BEST/PLACE	DATE	MEET
Long Jump	6.76 m/1 st	2/27/10	PSAC Indoor Championships
Triple Jump	13.44 m/5 th	2/28/10	PSAC Indoor Championships

JIM BOYER (Sr., Distance, Mechanicsburg/Mechanicsburg)

EVENT	TIME/PLACE	DATE	MEET
1 Mile Run	4:32/70 th	2/19/10	Susquehanna Open
3000 Meter Run	8:53.30/21 st	2/28/10	PSAC Indoor Championships
5000 Meter Run	15:10.66/8 th	2/27/10	PSAC Indoor Championships

JOSHUA FOULDS (Sr., Distance, Mechanicsburg/Mechanicsburg)

EVENT	TIME/PLACE	DATE	MEET
1 Mile Run	4:29.96/5 th	2/19/10	Susquehanna Open
3000 Meter Run	8:49.66/15 th	2/28/10	PSAC Indoor Championships
5000 Meter Run	15:24.04/17 th	2/27/10	PSAC Indoor Championships

RYAN GRIFFITH (Fr., Hurdles, Denver/Cocalico)

EVENT	TIME/PLACE	DATE	MEET
60 Yard Hurdles	8.91/6 th	12/4/09	Lafayette Invitational
60 Meter Dash	7.64/4 th	2/13/10	Bucknell Winter Classic
60 Meter Hurdles	8.97/5 th	2/27/10	PSAC Indoor Championships

55 Meter Hurdles	8.58/11 th	2/19/10	Susquehanna Open
55 Meter Dash	7.17/19 th	2/19/10	Susquehanna Open

PETER HAFER (So., Throws, Fleetwood/Oley Valley)

EVENT	BEST/PLACE	DATE	MEET
Shot Put	13.17 m/3 rd	12/4/09	Lafayette Invitational
Weight Throw	12.15 m/10 th	2/13/10	Bucknell Winter Classic

SETH HIBBS (Fr., Distance, Hatboro/Hatboro-Horsham)

EVENT	TIME/PLACE	DATE	MEET
3000 Meter Run	9:02.46/10 th	2/13/10	Bucknell Winter Classic
1 Mile Run	4:24.97/3 rd	1/30/10	Bison Open
800 Meter Run	2:04.74/9 th	1/30/10	Bison Open
Distance Medley Relay	10:24.89/4 th	2/27/10	PSAC Indoor Championships
4x800 Meter Relay	8:13.26/11 th	2/27/10	PSAC Indoor Championships

CHRIS JACKSON JR. (RFr., Sprints, Conshohocken/Plymouth Whitemarsh)

EVENT	TIME/PLACE	DATE	MEET
400 Meter Dash	53.33/4 th	1/30/10	Bison Open
4x400 Meter Relay	3:22.75 #/14 th	2/6/10	New Balance Invitational

KYLE JOHNSON (So., Distance, Philadelphia/Communications Technology)

EVENT	TIME/PLACE	DATE	MEET
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JARED KNEEBONE (Jr., Distance, Saylorsburg/Pleasant Valley)

EVENT	TIME/PLACE	DATE	MEET
5000 Meter Run	16:14.25/10 th	1/30/10	Bison Open
3000 Meter Run	9:10.98/6 th	2/13/10	Bucknell Winter Classic
800 Meter Run	2:12.75/11 th	2/13/10	Bucknell Winter Classic

ZAC KOHLER (So., Multi, Green Lane/Pennridge)

EVENT	TIME/PLACE	DATE	MEET
60 Meter Dash	7.52/4 th	12/4/09	Bison Invitational*
1000 Meter Run	2:55.12/3 rd	12/4/09	Bison Invitational*
60 Meter Hurdles	99.25/4 th	2/13/10	Bucknell Winter Classic
55 Meter Hurdles	8.52/10 th	2/19/10	Susquehanna Open
High Jump	1.94 m/4 th	2/13/10	Bucknell Winter Classic
Long Jump	6.26 m/7 th	2/19/10	Susquehanna Open
Pole Vault	3.20 m/7 th	12/4/09	Bison Invitational*
Heptathlon	4333/8 th	2/28/10	PSAC Indoor Championships

TYLER LONGENECKER (Jr., Distance, New Cumberland/Cedar Cliff)

EVENT	TIME/PLACE	DATE	MEET
JAMES McBRIDE (So., Distance, Wrightsville/Eastern York)			

EVENT	TIME/PLACE	DATE	MEET
RYAN MCCAULEY (So., Pole Vault, Wallingford/Strath Haven)			

EVENT	TIME/PLACE	DATE	MEET
GREGORY McHUGH (Sr., Pole Vault, Barrington, N.J./Haddon Heights)			

EVENT	BEST/PLACE	DATE	MEET
Pole Vault	3.65 m/5 th	2/19/10	Susquehanna Open

BEN MORRISON (Jr., Distance, Lancaster/Lancaster Mennonite)			
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EVENT	TIME/PLACE	DATE	MEET
3,000 Meter Run	9:44.35/15 th	2/13/10	Bucknell Winter Classic
5,000 Meter Run	17:04.54/10 th	2/19/10	Susquehanna Open

ANDREW MUSSLEMAN (So., Distance,)			
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EVENT	TIME/PLACE	DATE	MEET
1 Mile Run	4:43.21/6 th	2/13/10	Bucknell Winter Classic
800 Meter Run	2:08.94/9 th	2/13/10	Bucknell Winter Classic
Distance Medley Relay	10:24.89/4 th	2/27/10	PSAC Indoor Championships
4x800 Meter Relay	8:13.26/11 th	2/27/10	PSAC Indoor Championships

JORREL NUGENT (So., Jumps, Roslyn/Abington)			
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EVENT	BEST/PLACE	DATE	MEET
60 Meter Dash	7.32/4 th	2/13/10	Bucknell Winter Classic
Long Jump	7.01/5 th	2/27/10	PSAC Indoor Championships

BRIAN NUNN (Fr.,)			
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EVENT	TIME/PLACE	DATE	MEET
400 Meter Dash	56.73/25 th	2/19/10	Susquehanna Open
880 Meter Run	2:15.56/5 th	12/4/09	Lafayette Invitational

KEITH OGDEN JR. (Jr., Sprints, Wyncote/Cheltenham)			
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EVENT	TIME/PLACE	DATE	MEET
60 Yard Dash	6.62/4 th	12/4/09	Lafayette Invitational
60 Meter Dash	7.11/2 nd	1/30/10	Bison Open
200 Meter Dash	22.49/1 st	2/27/10	PSAC Indoor Championships
300 Yard Dash	32.76/4 th	12/4/09	Lafayette Invitational
400 Yard Dash	51.98/5 th	2/13/10	Bucknell Winter Classic

4x400 Meter Relay	3:22.75 #/14 th	2/6/10	New Balance Invitational
4x200 Meter Relay	1:32.24#/1 st	2/19/10	Susquehanna Open

MICHAEL PARKER (So., Distance, Reedsville/Indian Valley)

EVENT	BEST/PLACE	DATE	MEET
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KEVIN PASQUERETTE (Fr.)

EVENT	TIME/PLACE	DATE	MEET
400 Meter Dash	53.38/3 rd	2/13/10	Bucknell Winter Classic

JEFF RAFACH (Jr., Distance, Hanover Township/Hanover)

EVENT	TIME/PLACE	DATE	MEET
1 Mile Run	4:35.69/2 nd	2/13/10	Bucknell Winter Classic
800 Meter Run	2:01.78/2 nd	2/13/10	Bucknell Winter Classic
Distance Medley Relay	10:24.89/4 th	2/27/10	PSAC Indoor Championships
4x800 Meter Relay	8:13.26/11 th	2/27/10	PSAC Indoor Championships

JEFF ROBINSON (Fr., Sprints, Philadelphia/Freire Charter)

EVENT	TIME/PLACE	DATE	MEET
55 Meter Dash	6.75/3 rd	2/19/10	Susquehanna Open
60 Meter Dash	7.27/6 th	2/27/10	PSAC Indoor Championships
200 Meter Dash	22.48/2 nd	2/27/10	PSAC Indoor Championships
4x200 Meter Relay	1:32.24#/1 st	2/19/10	Susquehanna Open

LUCAS SANDOE (Fr., Pole Vault, Myerstown/ELCO)

EVENT	TIME/PLACE	DATE	MEET
Pole Vault	3.35 m/8 th	2/19/10	Susquehanna Open

JACK SCANLIN (So., Sprints/Distance, Bristol/Conwell-Egan Catholic)

EVENT	TIME/PLACE	DATE	MEET
1000 Meter Run	2:45.34/2 nd	12/4/09	Bison Invitational*
60 Meter Hurdles	11.19/9 th	12/4/09	Bison Invitational*
55 Meter Hurdles	9.74/23 rd	2/19/10	Susquehanna Open
60 Meter Dash	7.47/3 rd	2/13/10	Bucknell Winter Classic
200 Meter Dash	24.42/2 nd	2/13/10	Bucknell Winter Classic
High Jump	1.56 m/8 th	12/4/09	Bison Invitational*
Long Jump	6.06 m/12 th	2/19/10	Susquehanna Open
Pole Vault	3.10 m/8 th	12/4/09	Bison Invitational*
Heptathlon	3633/9 th	12/4/09	Bison Invitational
4x400 Meter Relay	3:22.75 #/14 th	2/6/10	New Balance Invitational
4x200 Meter Relay	1:32.24#/1 st	2/19/10	Susquehanna Open
Distance Medley Relay	10:24.89/4 th	2/27/10	PSAC Indoor Championships

BRANDON SMITH (Fr.)

EVENT	TIME/PLACE	DATE	MEET
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DAKOTA SNELL (Fr.)

EVENT	BEST/PLACE	DATE	MEET
Shot Put	12.51 m/4 th	12/4/09	Lafayette Invitational
Weight Throw	11.38 m/6 th	12/4/09	Lafayette Invitational

NICK SPERRY (Sr., Sprints/Hurdles, Mifflintown/Juniata)

EVENT	TIME/PLACE	DATE	MEET
800 Meter Run	2:02.92/4 th	2/13/10	Bucknell Winter Classic
880 Meter Run	2:04.60/4 th	12/4/09	Lafayette Invitational
4x400 Meter Run	3:30.95/6 th	1/30/10	Bison Open
4x800 Meter Run	8:13.26/11 th	2/27/10	PSAC Indoor Championships

TIM STAURING (Fr., Distance, Hatfield/North Penn)

EVENT	TIME/PLACE	DATE	MEET
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BRENDON THOMAS (Sr., Multi, Shillington/Governor Mifflin)

EVENT	BEST/PLACE	DATE	MEET
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CONNOR VERES (Fr., Distance, Easton/Easton)

EVENT	TIME/PLACE	DATE	MEET
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CHRIS WALLACE (Fr.)

EVENT	TIME/PLACE	DATE	MEET
60 Meter Dash	7.54/2 nd	2/13/10	Bucknell Winter Classic
Triple Jump	13.10 m/2 nd	2/19/10	Susquehanna Open

DAVID WALTON (So., Distance, Coatesville/Unionville)

EVENT	TIME/PLACE	DATE	MEET
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AVERY WEBSTER (Sr., Throws, Red Lion/Crescent (SC))

EVENT	BEST/PLACE	DATE	MEET
Shot Put	15.33 m/8 th	1/30/10	Bison Open
Weight Throw	16.35 m/4 th	2/13/10	Bucknell Winter Classic

Key:

* - Millersville Record

^ - PSAC Championships Qualifying Time

@ - NCAA Division II Championships Qualifying Time

- Heptathlon

(P) - Preliminaries

(F) - Finals



2009-2010 Men's Indoor Track & Field Schedule/Results

DATE	MEET	LOCATION	TIME/RESULT
12/4/09	Lafayette Invitational	Easton, Pa.	
1/15/10	NYC Gotham Cup	New York City, N.Y.	All Day
1/29/10	Bison Open	Lewisburg, Pa.	All Day
1/30/10	Bison Open	Lewisburg, Pa.	All Day
2/5/10	New Balance Games	New York City, N.Y.	All Day
2/6/10	New Balance Games	New York City, N.Y.	All Day
2/13/10	Bucknell Winter Classic	Lewisburg, Pa.	All Day
2/19/10	Susquehanna Invitational	Selinsgrove, Pa.	All Day
2/27/10	PSAC Indoor Championships	Edinboro, Pa.	All Day
2/28/10	PSAC Indoor Championships	Edinboro, Pa.	All Day