



2009-10 Swimming Top Times (by event)

50 YARD FREESTYLE

	TIME	DATE	MEET
Sarah Bernhardt	25.19*	2/19/10	PSAC Championships
Sarah Bernhardt	25.21	10/16/09	MU vs. Mansfield
Sarah Bernhardt	25.37	2/7/10	MU at East Stroudsburg Invitational
Sarah Bernhardt	25.49	12/5/09	MU vs. York
Sarah Bernhardt	25.52	1/23/10	MU vs. East Stroudsburg

100 YARD FREESTYLE

	TIME	DATE	MEET
Sarah Bernhardt	53.64*	11/21/09	Highlander Invitational
Sarah Bernhardt	53.74	2/21/10	PSAC Championships
Sarah Bernhardt	53.79	2/21/10	PSAC Championships
Sarah Bernhardt	54.70	2/7/10	MU at East Stroudsburg Invitational
Sarah Bernhardt	55.20	12/5/09	MU vs. York

200 YARD FREESTYLE

	TIME	DATE	MEET
Sarah Bernhardt	2:00.55	1/23/10	MU vs. East Stroudsburg
Sarah Bernhardt	2:01.86	11/21/09	Highlander Invitational
Sarah Bernhardt	2:02.00	10/24/09	MU vs. Juniata
Vicky DeTample	2:02.74	2/7/10	MU at East Stroudsburg Invitational
Vicky DeTample	2:04.03	1/23/10	MU vs. East Stroudsburg

500 YARD FREESTYLE

	TIME	DATE	MEET
Amy Leiphart	5:34.86	11/21/09	Highlander Invitational
Arielle Walbert	5:36.00	10/16/09	MU vs. Mansfield
Laura Castello	5:36.13	11/21/09	Highlander Invitational
Laura Castello	5:39.33	12/5/09	MU vs. York
Laura Castello	5:40.59	10/16/09	MU vs. Mansfield

1000 YARD FREESTYLE

	TIME	DATE	MEET
Laura Castello	11:35.93	10/16/09	MU vs. Mansfield
Laura Castello	11:36.54	12/5/09	MU vs. York
Laura Castello	11:41.32	10/24/09	MU vs. Juniata
Amy Leiphart	11:47.59	10/16/09	MU vs. Mansfield
Laura Castello	11:49.40	1/23/10	MU vs. East Stroudsburg

1650 YARD FREESTYLE

	TIME	DATE	MEET
Arielle Walbert	18:24.57	2/21/10	PSAC Championships
Arielle Walbert	18:44.96	2/7/10	MU at East Stroudsburg Invitational
Laura Castello	18:55.14	11/21/09	Highlander Invitational
Laura Castello	19:48.43	2/7/10	MU at East Stroudsburg Invitational
Amie Mowery	20:13.10	2/7/10	MU at East Stroudsburg Invitational

100 YARD BACKSTROKE	TIME	DATE	MEET
Kelsie Jones	1:00.40	11/21/09	Highlander Invitational
Kelsie Jones	1:02.71	1/30/2010	MU at Kutztown
Kelsie Jones	1:02.98	2/7/10	MU at East Stroudsburg Invitational
Kelsie Jones	1:03.34	10/16/09	MU vs. Mansfield
Arielle Walbert	1:03.62	11/21/09	Highlander Invitational

200 YARD BACKSTROKE	TIME	DATE	MEET
Kelsie Jones	2:12.26	11/21/09	Highlander Invitational
Kelsie Jones	2:14.34	2/21/10	PSAC Championships
Kelsie Jones	2:15.07	10/24/09	MU vs. Juniata
Arielle Walbert	2:17.07	10/24/09	MU vs. Juniata
Kelsie Jones	2:17.69	12/5/09	MU vs. York

100 YARD BREASTSTROKE	TIME	DATE	MEET
Breann Martinez	1:11.46	11/21/09	Highlander Invitational
Breann Martinez	1:12.45	10/16/09	MU vs. Mansfield
Breann Martinez	1:12.73	2/20/10	PSAC Championships
Breann Martinez	1:13.25	1/30/2010	MU at Kutztown
Courtney Wallace	1:13.97	1/23/10	MU vs. East Stroudsburg

200 YARD BREASTSTROKE	TIME	DATE	MEET
Arielle Walbert	2:37.18	11/21/09	Highlander Invitational
Breann Martinez	2:38.89	11/21/09	Highlander Invitational
Arielle Walbert	2:39.12	12/5/09	MU vs. York
Courtney Wallace	2:39.94	1/23/10	MU vs. East Stroudsburg
Courtney Wallace	2:40.96	11/21/09	Highlander Invitational

100 YARD BUTTERFLY	TIME	DATE	MEET
Sarah Bernhardt	58.68*	11/21/09	Highlander Invitational
Sarah Bernhardt	58.83	2/20/10	PSAC Championships
Sarah Bernhardt	59.33	2/20/10	PSAC Championships
Sarah Bernhardt	1:00.61	10/16/09	MU vs. Mansfield
Sarah Bernhardt	1:01.09	1/30/10	MU at Kutztown

200 YARD BUTTERFLY	TIME	DATE	MEET
Amie Mowery	2:17.62	11/21/09	Highlander Invitational
Amie Mowery	2:22.44	10/24/09	MU vs. Juniata
Amie Mowery	2:23.38	1/30/10	MU at Kutztown
Arielle Walbert	2:24.43	2/7/10	MU at East Stroudsburg Invitational
Amie Mowery	2:24.61	1/23/10	MU vs. East Stroudsburg

200 YARD IM	TIME	DATE	MEET
Arielle Walbert	2:16.29	11/21/09	Highlander Invitational
Amie Mowery	2:17.97	11/21/09	Highlander Invitational
Kelsie Jones	2:18.49	12/5/09	MU vs. York
Kelsie Jones	2:18.83	10/16/09	MU vs. Mansfield
Kelsie Jones	2:19.14	11/21/09	Highlander Invitational

400 YARD IM	TIME	DATE	MEET
Arielle Walbert	4:42.87*	2/20/10	PSAC Championships
Arielle Walbert	4:46.70	11/21/09	Highlander Invitational
Arielle Walbert	4:49.22	2/20/10	PSAC Championships

Amie Mowery	4:56.30	11/21/09	Highlander Invitational
Courtney Wallace	5:13.97	11/21/09	Highlander Invitational
200 YARD MEDLEY RELAY	TIME	DATE	MEET
Kelsie Jones	1:51.89*	2/20/10	PSAC Championships
Breann Martinez			
Sarah Bernhardt			
Sara Steinagel			
Kelsie Jones	1:51.89*	11/21/09	Highlander Invitational
Breann Martinez			
Sarah Bernhardt			
Sara Steinagel			
Kelsie Jones	1:53.47/12 th	2/20/10	PSAC Championships
Breann Martinez			
Sarah Bernhardt			
Sara Steinagel			
Kelsie Jones	1:54.17	10/16/09	MU vs. Mansfield
Breann Martinez			
Sarah Bernhardt			
Sara Steinagel			
Kelsie Jones	1:55.41	1/30/2010	MU at Kutztown
Breann Martinez			
Sarah Bernhardt			
Sarah Steinagel			
400 YARD MEDLEY RELAY	TIME	DATE	MEET
Kelsie Jones	4:09.33	2/19/10	PSAC Championships
Breann Martinez			
Sarah Bernhardt			
Amie Mowery			
Kelsie Jones	4:09.33	11/21/09	Highlander Invitational
Breann Martinez			
Sarah Bernhardt			
Amie Mowery			
Kelsie Jones	4:14.84	12/5/09	MU vs. York
Breann Martinez			
Amie Mowery			
Sara Steinagel			
Arielle Walbert	4:23.48	11/21/09	Highlander Invitational
Sara Keenan			
Courtney Wallace			
Christine Neville			
Sara Keenan	4:31.35	12/5/09	MU vs. York
Courtney Wallace			
Becca Laufer			
Maribeth Jaeske			

200 YARD FREESTYLE RELAY	TIME	DATE	MEET
Sarah Bernhardt Sara Steinagel Amie Mowery Breann Martinez	1:41.11*	2/19/10	PSAC Championships
Sara Steinagel Breann Martinez Amie Mowery Sarah Bernhardt	1:41.11*	11/21/09	Highlander Invitational
Sarah Bernhardt Sara Steinagel Amie Mowery Breann Martinez	1:41.70	2/19/10	PSAC Championships
Breann Martinez Amie Mowery Sara Steinagel Sarah Bernhardt	1:43.61	10/24/09	MU vs. Juniata
Sarah Bernhardt Breann Martinez Amie Mowery Sara Steinagel	1:44.00	1/30/10	MU at Kutztown
400 YARD FREESTYLE RELAY	TIME	DATE	MEET
Sara Steinagel Amie Mowery Kelsie Jones Sarah Bernhardt	3:41.64*	11/21/09	Highlander Invitational
Breann Martinez Amie Mowery Kelsie Jones Sarah Bernhardt	3:46.78	2/21/10	PSAC Championships
Vicky DeTample Christine Neville Sara Steinagel Sarah Bernhardt	3:51.17	12/5/09	Mu vs. York
Vicky DeTample Arielle Walbert Maribeth Jaeske Breann Martinez	3:55.91	11/21/09	Highlander Invitational
Laura Castello Maribeth Jaeske Christina Breznak Colleen Wolgast	4:11.83	12/5/09	MU vs. York
800 YARD FREESTYLE RELAY	TIME	DATE	MEET
Vicky DeTample Amie Mowery Kelsie Jones	8:22.42	2/20/10	PSAC Championships

Arielle Walbert

Vicky DeTample	8:22.59	11/21/09	Highlander Invitational
Laura Castello			
Arielle Walbert			
Amie Mowery			

Christine Neville	9:01.01	11/21/09	Highlander Invitational
Maribeth Jaeske			
Lauren Puglia			
Katie Bentley			

* Indicates Millersville School Record



2009-10 Swimming Results/Top Times (by individual)

KATIE BENTLEY

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	2:02.39/3 rd	10/16/09	MU vs. Mansfield
100 Yard Butterfly	1:06.93/23 rd	11/21/09	Highlander Invitational
200 Yard Butterfly	2:27.73/14 th	11/21/09	Highlander Invitational
200 Yard IM	2:29.41/39 th	11/21/09	Highlander Invitational
200 Yard Freestyle Relay	1:57.11/X	10/24/09	MU vs. Juniata
800 Yard Freestyle Relay	9:01.01/11 th	11/21/09	Highlander Invitational
100 Yard Backstroke	1:13.03/12 th	2/7/10	MU at East Stroudsburg Invitational

SARAH BERNHARDT

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	1:51.89*/2 nd	11/21/09	Highlander Invitational
400 Yard Medley Relay	4:09.33/6 th	11/21/09	Highlander Invitational
50 Yard Freestyle	25.19*/30 th	2/19/10	PSAC Championships
100 Yard Freestyle	53.64*/3 rd	11/21/09	Highlander Invitational
200 Yard Freestyle	2:00.55/1 st	1/23/10	MU vs. East Stroudsburg
100 Yard Butterfly	58.68*/2 nd	11/21/09	Highlander Invitational
200 Yard Butterfly	2:24.11/13 th	11/21/09	Highlander Invitational
200 Yard Freestyle Relay	1:41.11*/3 rd	11/21/09	Highlander Invitational
400 Yard Freestyle Relay	3:41.64*/4 th	11/21/09	Highlander Invitational

CAITLIN BRANAMAN

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	2:05.80/X	10/16/09	MU vs. Mansfield
100 Yard Backstroke	1:07.97/3 rd	1/23/10	MU vs. East Stroudsburg
200 Yard Backstroke	2:29.57/X	10/24/09	MU vs. Juniata
50 Yard Freestyle	29.03/X	12/5/09	MU vs. York
200 Yard Freestyle Relay	1:53.77/X	10/24/09	MU vs. Juniata

CHRISTINA BREZNAK

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	2:05.80/X	10/16/09	MU vs. Mansfield
50 Yard Freestyle	28.07/53 rd	11/21/09	Highlander Invitational
100 Yard Freestyle	1:02.84/54 th	11/21/09	Highlander Invitational
200 Yard Freestyle Relay	2:00.52/3 rd	1/30/10	MU at Kutztown
400 Yard Freestyle Relay	4:11.83/3 rd	12/5/09	MU vs. York
100 Yard Backstroke	1:12.02/37 th	11/21/09	Highlander Invitational

LAURA CASTELLO

EVENT	TIME/PLACE	DATE	MEET
1650 Yard Freestyle	18:55.14/7 th	11/21/09	Highlander Invitational
1000 Yard Freestyle	11:35.93/1 st	10/16/09	MU vs. Mansfield
500 Yard Freestyle	5:36.13/20 th	11/21/09	Highlander Invitational
200 Yard Freestyle	2:08.49/28 th	11/21/09	Highlander Invitational
100 Yard Freestyle	1:00.83/48 th	11/21/09	Highlander Invitational

50 Yard Freestyle	30.63/23 rd	2/7/10	MU at East Stroudsburg Invitational
200 Yard Freestyle Relay	1:53.87/2 nd	10/16/09	MU vs. Mansfield
400 Yard Freestyle Relay	4:11.83/4 rd	12/5/09	MU vs. York
800 Yard Freestyle Relay	8:22.50/6 th	11/21/09	Highlander Invitational

VICTORIA DETAMPLE

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	2:00.67/2 nd	10/16/09	MU vs. Mansfield
200 Yard Freestyle	2:02.74/2 nd	2/7/10	MU at East Stroudsburg Invitational
100 Yard Freestyle	57.75/5 th	1/23/10	MU vs. East Stroudsburg
500 Yard Freestyle	5:44.51/32 nd	11/21/09	Highlander Invitational
1000 Yard Freestyle	12:57.00/3 rd	10/24/09	MU vs. Juniata
200 Yard Freestyle Relay	1:45.40/10 th	11/21/09	Highlander Invitational
400 Yard Freestyle Relay	3:52.26/2 nd	12/5/09	MU vs. York
800 Yard Freestyle Relay	8:22.42/12 th	2/20/10	PSAC Championships

BECCA IRVINE

EVENT	TIME/PLACE	DATE	MEET
50 Yard Freestyle	27.65/5 th	1/23/10	MU vs. East Stroudsburg
100 Yard Freestyle	59.95/6 th	1/23/10	MU vs. East Stroudsburg
200 Yard Freestyle	2:07.40/4 th	1/23/10	MU vs. East Stroudsburg
500 Yard Freestyle	5:49.58/3 rd	1/30/10	MU at Kutztown
200 Yard Freestyle Relay	1:48.56	1/23/10	MU vs. East Stroudsburg

MARIBETH JAESKE

EVENT	TIME/PLACE	DATE	MEET
500 Yard Freestyle	6:11.19/6 th	2/7/10	MU at East Stroudsburg Invitational
200 Yard Freestyle	2:10.16/32 nd	11/21/09	Highlander Invitational
100 Yard Freestyle	1:00.52/47 th	11/21/09	Highlander Invitational
50 Yard Freestyle	27.97/52 nd	11/21/09	Highlander Invitational
200 Yard Freestyle Relay	1:51.69/2 nd	1/30/10	MU at Kutztown
400 Yard Freestyle Relay	3:55.91/12 th	11/21/09	Highlander Invitational
800 Yard Freestyle Relay	9:01.01/11 th	11/21/09	Highlander Invitational
100 Yard Backstroke	1:11.87/X	1/23/10	MU vs. East Stroudsburg
200 Yard Medley Relay	2:13.34/5 th	1/30/2010	MU at Kutztown
400 Yard Medley Relay	4:31.35/4 th	12/5/09	MU vs. York

LAUREN JENDZURSKI

EVENT	TIME/PLACE	DATE	MEET
100 Yard Freestyle	1:05.16/X	1/30/10	MU at Kutztown
50 Yard Freestyle	28.60/18 th	2/7/10	MU at East Stroudsburg Invitational
100 Yard Backstroke	1:09.94/7 th	2/7/10	MU at East Stroudsburg Invitational
200 Yard Backstroke	2:30.78/8 th	2/7/10	MU at East Stroudsburg Invitational

KELSIE JONES

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	1:51.89*/2 nd	11/21/09	Highlander Invitational
400 Yard Medley Relay	4:09.33/6 th	11/21/09	Highlander Invitational
200 Yard IM	2:18.49/1 st	12/5/09	MU vs. York
100 Yard Backstroke	1:00.40/4 th	11/21/09	Highlander Invitational
200 Yard Backstroke	2:12/26/2 nd	11/21/09	Highlander Invitational
100 Yard Freestyle	57.60/5 th	2/7/10	MU at East Stroudsburg Invitational
200 Yard Freestyle	2:07.07/2 nd	10/24/09	MU vs. Juniata
200 Yard Freestyle Relay	1:45.40/10 th	11/21/09	Highlander Invitational

400 Yard Freestyle Relay	3:41.64*/4 th	11/21/09	Highlander Invitational
800 Yard Freestyle Relay	8:22.42/12 th	2/20/10	PSAC Championships
100 Yard Butterfly	1:03.42/12 th	11/21/09	Highlander Invitational

SARA KEENAN

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	2:00.67/2 nd	10/16/09	MU vs. Mansfield
400 Yard Medley Relay	4:23.48/11 th	11/21/09	Highlander Invitational
200 Yard IM	2:26.15/31 st	11/21/09	Highlander Invitational
100 Yard Backstroke	1:08.11/29 th	11/21/09	Highlander Invitational
200 Yard Backstroke	2:24.39/21 st	11/21/09	Highlander Invitational
100 Yard Breaststroke	1:15.55/17 th	11/21/09	Highlander Invitational
200 Yard Breaststroke	2:43.61/13 th	11/21/09	Highlander Invitational
200 Yard Freestyle Relay	1:57.11/X	10/24/09	MU vs. Juniata
200 Yard Freestyle	2:16.08/7 th	2/7/10	MU at East Stroudsburg Invitational
100 Yard Butterfly	1:16.53/15 th	2/7/10	MU at East Stroudsburg Invitational

BECCA LAUFER

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	1:59.91/11 th	11/21/09	Highlander Invitational
400 Yard Medley Relay	4:31.35/4 th	12/4/09	MU vs. York
100 Yard Butterfly	1:07.00/X	1/30/10	MU at Kutztown
200 Yard Butterfly	2:32.43/17 th	11/21/09	Highlander Invitational
100 Yard Breaststroke	1:17.65/2 nd	10/16/09	MU vs. Mansfield
200 Yard Breaststroke	2:46.65/4 th	1/23/10	MU vs. East Stroudsburg
50 Yard Freestyle	27.96/51 st	11/21/09	Highlander Invitational
200 Yard Freestyle	2:19.43/9 th	2/7/10	MU at East Stroudsburg Invitational
500 Yard Freestyle	6:18.37/7 th	2/7/10	MU at East Stroudsburg Invitational
200 Yard Freestyle Relay	1:45.40/10 th	11/21/09	Highlander Invitational
200 Yard IM	2:32.40/43 rd	11/21/09	Highlander Invitational
400 Yard IM	5:18.68/24 th	11/21/09	Highlander Invitational

AMY LEIPHART

EVENT	TIME/PLACE	DATE	MEET
1000 Yard Freestyle	11:47.49/3 rd	10/16/09	MU vs. Mansfield
50 Yard Freestyle	30.95/24 th	2/7/10	MU at East Stroudsburg Invitational
100 Yard Freestyle	1:07.04/X	1/30/10	MU at Kutztown
200 Yard Freestyle	2:16.55/3 rd	10/24/09	MU vs. Juniata
500 Yard Freestyle	5:34.86/18 th	11/21/09	Highlander Invitational
100 Yard Breaststroke	1:20.63/5 th	10/16/09	MU vs. Mansfield
200 Yard Freestyle Relay	1:53.87/2 nd	10/16/09	MU vs. Mansfield
200 Yard Medley Relay	2:12.37/6 th	2/7/10	MU at East Stroudsburg Invitational
100 Yard Backstroke	1:19.04/16 th	2/7/10	MU at East Stroudsburg Invitational

BREANN MARTINEZ

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	1:51.89*/2 nd	11/21/09	Highlander Invitational
400 Yard Medley Relay	4:09.33/6 th	11/21/09	Highlander Invitational
100 Yard Butterfly	1:02.89/37 th	2/20/10	PSAC Championships
200 Yard Butterfly	2:32.17	2/7/10	MU at East Stroudsburg Invitational
100 Yard Breaststroke	1:11.46/8 th	11/21/09	Highlander Invitational
200 Yard Breaststroke	2:38.89/10 th	11/21/09	Highlander Invitational
200 Yard IM	2:24.92/1 st	10/24/09	MU vs. Juniata
200 Yard Freestyle Relay	1:41.11*/3 rd	11/21/09	Highlander Invitational

400 Yard Freestyle Relay	3:55.91/12 th	11/21/09	Highlander Invitational
50 Yard Freestyle	26.39/24 th	11/21/09	Highlander Invitational
100 Yard Backstroke	1:16.48/15 th	2/7/10	MU at East Stroudsburg Invitational

STEPHANIE MOUTHAN

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	2:00.67/2 nd	10/16/09	MU vs. Mansfield
100 Yard Backstroke	1:06.77/3 rd	10/16/09	MU vs. Mansfield
200 Yard Backstroke	2:29.01/4 th	10/24/09	MU vs. Juniata
200 Yard Freestyle Relay	1:53.77/X	10/24/09	MU vs. Juniata

AMIE MOWERY

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	1:56.63/2 nd	1/23/10	MU vs. East Stroudsburg
400 Yard Medley Relay	4:09.33/6 th	11/21/09	Highlander Invitational
200 Yard IM	2:17.97/13 th	11/21/09	Highlander Invitational
400 Yard IM	4:56.30/13 th	11/21/09	Highlander Invitational
50 Yard Freestyle	27.16/14 th	2/7/10	MU at East Stroudsburg Invitational
100 Yard Freestyle	57.69/2 nd	12/5/09	MU vs. York
500 Yard Freestyle	5:47.19/3 rd	2/7/10	MU at East Stroudsburg Invitational
1650 Yard Freestyle	20:13.10/4 th	2/7/10	MU at East Stroudsburg Invitational
200 Yard Freestyle Relay	1:41.11*/3 rd	11/21/09	Highlander Invitational
400 Yard Freestyle Relay	3:41.64*/4 th	11/21/09	Highlander Invitational
800 Yard Freestyle Relay	8:22.42/12 th	2/20/10	PSAC Championships
100 Yard Butterfly	1:03.46/42 nd	2/20/10	PSAC Championships
200 Yard Butterfly	2:17.62/6 th	11/21/09	Highlander Invitational

CHRISTINE NEVILLE

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	1:59.91/11 th	11/21/09	Highlander Invitational
400 Yard Medley Relay	4:23.48/11 th	11/21/09	Highlander Invitational
50 Yard Freestyle	26.88/2 nd	10/16/09	MU vs. Mansfield
100 Yard Freestyle	59.06/2 nd	10/16/09	MU vs. Mansfield
200 Yard Freestyle	1:53.77/X	10/24/09	MU vs. Juniata
200 Yard Freestyle Relay	1:45.40/10 th	11/21/09	Highlander Invitational
400 Yard Freestyle Relay	3:52.26/2 nd	12/5/09	MU vs. York
800 Yard Freestyle Relay	9:01.01/11 th	11/21/09	Highlander Invitational
100 Yard Butterfly	1:14.14/X	1/23/10	MU vs. East Stroudsburg
100 Yard Backstroke	1:12.63/11 th	2/7/10	MU at East Stroudsburg Invitational

LAUREN PUGLIA

EVENT	TIME/PLACE	DATE	MEET
100 Yard Butterfly	1:12.30/13 th	2/7/10	MU at East Stroudsburg Invitational
200 Yard Butterfly	2:51.46/X	10/24/09	MU vs. Juniata
100 Yard Backstroke	1:23.29/X	10/16/09	MU vs. Mansfield
200 Yard Medley Relay	2:12.37/6 th	2/7/10	MU at East Stroudsburg Invitational
50 Yard Freestyle	28.90/58 th	11/21/09	Highlander Invitational
100 Yard Freestyle	1:03.33/55 th	11/21/09	Highlander Invitational
200 Yard Freestyle	2:22.48/43 rd	11/21/09	Highlander Invitational
500 Yard Freestyle	6:21.08/38 th	11/21/09	Highlander Invitational
200 Yard Freestyle Relay	2:00.52/3 rd	1/30/10	MU at Kutztown
800 Yard Freestyle Relay	9:01.01/11 th	11/21/09	Highlander Invitational
200 Yard IM	2:46.99/9 th	2/7/10	MU at East Stroudsburg Invitational

CLARISSA STAUFFER

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	2:05.80/X	10/16/09	MU vs. Mansfield
200 Yard IM	2:25.76/X	10/16/09	MU vs. Mansfield
100 Yard Backstroke	1:08.41/4 th	10/16/09	MU vs. Mansfield

SARA STEINAGEL

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	1:51.89*/2 nd	11/21/09	Highlander Invitational
400 Yard Medley Relay	4:14.84/1 st	12/5/09	MU vs. York
50 Yard Freestyle	25.74/13 th	11/21/09	Highlander Invitational
100 Yard Freestyle	56.49/13 th	11/21/09	Highlander Invitational
200 Yard Freestyle Relay	1:41.11*/3 rd	11/21/09	Highlander Invitational
400 Yard Freestyle Relay	3:41.64*/4 th	11/21/09	Highlander Invitational
100 Yard Backstroke	1:08.24/30 th	11/21/09	Highlander Invitational

ARIELLE WALBERT

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	1:56.63/2 nd	1/23/10	MU vs. East Stroudsburg
400 Yard Medley Relay	4:23.48/11 th	11/21/09	Highlander Invitational
200 Yard IM	2:16.29/11 th	11/21/09	Highlander Invitational
400 Yard IM	4:42.87*/11 th	2/20/10	PSAC Championships
200 Yard Freestyle	2:07.73/5 th	1/30/2010	MU at Kutztown
500 Yard Freestyle	5:36.00/1 st	10/16/09	MU vs. Mansfield
1650 Yard Freestyle	18:24.57/11 th	2/21/10	PSAC Championships
200 Yard Freestyle Relay	1:51.46/2 nd	10/24/09	MU vs. Juniata
400 Yard Freestyle Relay	3:55.91/12 th	11/21/09	Highlander Invitational
800 Yard Freestyle Relay	8:22.42/12 th	2/20/10	PSAC Championships
100 Yard Backstroke	1:03.62/12 th	11/21/09	Highlander Invitational
200 Yard Backstroke	2:17.64/2 nd	10/24/09	MU vs. Juniata
100 Yard Breaststroke	1:16.15/10 th	2/7/10	MU at East Stroudsburg Invitational
200 Yard Breaststroke	2:37.18/9 th	11/21/09	Highlander Invitational
200 Yard Butterfly	2:24/43/2 nd	2/7/10	MU at East Stroudsburg Invitational

COURTNEY WALLACE

EVENT	TIME/PLACE	DATE	MEET
200 Yard Medley Relay	1:59.91/11 th	11/21/09	Highlander Invitational
400 Yard Medley Relay	4:23.48/11 th	11/21/09	Highlander Invitational
200 Yard IM	2:25.24/28 th	11/21/09	Highlander Invitational
400 Yard IM	5:13.97/24 th	11/21/09	Highlander Invitational
100 Yard Butterfly	1:06.46/22 nd	11/21/09	Highlander Invitational
200 Yard Freestyle Relay	1:53.77/X	10/24/09	MU vs. Juniata
100 Yard Breaststroke	1:13.97/3 rd	1/23/10	MU vs. East Stroudsburg
200 Yard Breaststroke	2:39.94/2 nd	1/23/10	MU vs. East Stroudsburg

COLLEEN WOLGAST

EVENT	TIME/PLACE	DATE	MEET
200 Yard Freestyle	2:14.44/4 th	10/16/09	MU vs. Mansfield
1000 Yard Freestyle	12:39.28/5 th	12/5/09	MU vs. York
100 Yard Butterfly	1:07.63/9 th	2/7/10	MU at East Stroudsburg Invitational
200 Yard Butterfly	2:33.26/5 th	2/7/10	MU at East Stroudsburg Invitational
200 Yard Freestyle Relay	1:51.46/2 nd	10/24/09	MU vs. Juniata
400 Yard Freestyle Relay	4:11.83/3 rd	12/5/09	MU vs. York
200 Yard IM	2:31.24/41 st	11/21/09	Highlander Invitational

100 Yard Breaststroke

1:22.68/29th

11/21/09

Highlander Invitational

* Indicates Millersville School Record



2009-10 Swimming Schedule/Results

Overall Record: 3-2

DATE	OPPONENT	LOCATION	TIME/RESULT
10/16/2009	Mansfield	Pucillo Natatorium	W, 147-39
10/24/2009	Juniata	Pucillo Natatorium	W, 164-23
11/19/2009	Highlander Invitational	Radford, Va.	4 th /7
11/20/2009	Highlander Invitational	Radford, Va.	4 th /7
11/21/2009	Highlander Invitational	Radford, Va.	4 th /7
12/5/2009	York	Pucillo Natatorium	W, 117.5-87.5
1/23/2010	East Stroudsburg	Pucillo Natatorium	L, 113-149
1/30/2010	Kutztown	Kutztown, Pa.	L, 105-149
2/6/2010	East Stroudsburg Invitational	East Stroudsburg, Pa.	NTF
2/18/2010	PSAC Championships	Mechanicsburg, Pa.	NTF
2/19/2010	PSAC Championships	Mechanicsburg, Pa.	12 th /55
2/20/2010	PSAC Championships	Mechanicsburg, Pa.	12 th /55
2/21/2010	PSAC Championships	Mechanicsburg, Pa.	12 th /69